

**SPECIAL EDITION
DAILY SPIRITUAL PRACTICES**

December 26th – January 7th

Lectio 365

During this Christmas and New Year season, we invite you to explore a fantastic spiritual practice resource that many in our community have been finding a game-changer in their own spiritual lives.

[Click Here](#) to watch a 1-min video describing **Lectio365** – a (free!) Daily Devotional and Guided Prayer App.

Each morning:

Engage in a creative 8-10 minute guided practice of scripture contemplation, personal reflection, and prayer.

Each evening:

Engage in another guided practice in the Prayer of Examen, contemplation, and preparation for rest.

We highly encourage you to give it a try for these two weeks, and just see what it does for your heart, mind, body, and spirit!

[Click Here](#) to watch the short YouTube promo

[Click Here](#) to find the App on Google Play

[Click Here](#) to find the App for Apple